



Precautions

1. If you need to instill two eye drops at the same time, wait at least 5 minutes before administering another one.
2. If you need to apply an eye ointment at the same time, instill eye drop first and then wait at least 5 minutes before applying it.
3. Discard any unused content according to manufacturer recommendation.
4. Do not use discolored or expired eye drop.
5. For the eye drop which require refrigeration, warm it before use by rotating it between two palms.
6. Certain eye drops may cause temporary blurred vision. Avoid driving or operating machinery until your vision is clear again.

7. Avoid using cosmetics when using eye drops.
8. Avoid wearing contact lenses in the case of eye infection or inflammation.
9. Never share your eye drops with other people to avoid cross-infection.
10. Mydriatic eye drop are commonly used before eye examination. Blurred vision and photophobia are common side effects. Avoid driving or operating machinery until your vision is clear again.
11. Steroid or antibiotic eye drops cannot be used for long term and must be used as directed by doctors.

This guidance is for reference only .

You should always follow your doctor's instructions.

Check with your doctor or pharmacist if you have any questions.

Do not share your medications with other people.

如有任何查詢，歡迎聯絡我們
For enquiry, please feel free to contact us

藥劑部 Pharmacy

地址: 香港銅鑼灣東院道2號 聖保祿醫院

Address: St. Paul's Hospital

No. 2, Eastern Hospital Road, Causeway Bay, Hong Kong

電話 Tel: 2830 3725

網址 Website: www.stpaul.org.hk

Ref. No: PHAR-09 Ver.4 Updated: 04/2022



聖保祿醫院
St. Paul's Hospital

How to use Eye Drops

藥劑部
Pharmacy



Proper use of Eye Drops



- 1 Wash your hands thoroughly before administration to avoid infection from touching the eyes.

- 2 Use a cotton bud soaked with warm water to clean your eyelid from inside to outside if you have any eye dirt.



- 3 Remove your contact lens before administering eye drops.

- 4 Tilt your head backward.



- 5 Gently pull down the lower eyelid with your index finger to form an eye pocket, and then look upward.



- 6 Squeeze one drop into the eye pocket. Try not to touch your eye or eyelashes with the dropper tip to avoid contamination.



- 7 Keep your eyes closed. Gently press against the inner corner of your eye with your finger (over the tear duct) for about 1 minute.



- 8 Use a clean tissue or towel to wipe out any excess.



- 9 After administration, recap the eye drop immediately. Do not rinse the tip with water.

